

Horizons February 2020 Menu

MONDAY 3	TUESDAY 4	WEDNESDAY 5	THURSDAY 6	FRIDAY 7
Breakfast Casserole(1) Breakfast Pizza(1.5) O'Brien Potatoes(1.5) Yogurt w/Fruit&Grains(1.5) Orange Juice(1) Skim Milk(1)	Soft Shell Taco(1) Stuffed Green Pepper(1) Spanish Rice(1) Fiesta Corn(1.5) Fresh Orange(1) Skim Milk(1)	Chicken Breast Patty on Bun (1.5) BBQ Beef on Bun(1.5) Steamed Baby Red Potatoes (2) Dilled Baby Carrots (.5) Watermelon (1) Cookie(1) Skim Milk(1)	Baked Potato w/ Chili & Sour Cream (3) Chicken Pot Pie(1.5) Peas and Carrots Cinnamon Applesauce(1.5) WW Bread (1) Skim Milk(1)	Pizza Burger on Bun (1.5) Spinach Lasagna(3.5) Snap Beans Mixed Green Salad w/ Ranch Dressing Banana (1) Skim Milk (1)
10	11	12	13	14
Swiss Asparagus Chicken w/ 1/2 Baked Pot & Sour Cream (2) Stir Fry (1) w/ Rice Almondine (2) Peas (1) Ambrosia Fruit Salad (1) WW Bread (1) Skim Milk (1)	Meatballs w/Gravy(.5) Pork Patty w/Gravy(.5) Party Potatoes (1.5) Green Beans Almondine (1) Banana (2) Skim Milk (1)	Turkey & Gravy Pork Loin & Gravy Dressing (1.5) Lime Beans (.5) Melon(1) Skim Milk (1)	Salisbury nSteak(.5) Chicken Florentine(.5) Homestyle Mashed Potatoes(1) Brussel Sprouts(.5) Raspberry Applesauce Gelatin(1.5) WW Bread Skim Milk (1)	Hawaiian Hamloaf(1) Salmon Patty(.5) Potato Wedges(2) 3 Bean Salad (2) Mandarin Oranges((1) Skim Milk (1)
17	18	19	20	21
Turkey Broccoli Rice Cass.(1.5) Cheese Pasta &Red Sauce(4) Green Beans & Red Peppers(1) Creamy Colelaw(.5) Banana(2) Skim Milk (1)	Breaded Chicken Breast(.5) Breaded Fish Fillet(1) Dilled Baby Red Potatoes(1.5) Capri Veggies(.5) Applesauce(1) Yogurt(1.5) Skim Milk (1)	Beef Stew(2) Beans and Ham(2) Corn Muffin(2) Tomato Basil Salad(1) Fresh Orange(1) Skim Milk (1)	Pork Medallions w/ Veggie Rice Pilaf Asparagus Rotini w/Chicken 5 Veggie Mix(1) Pineapple Chunks(1) Chocolate Chip Cookie(1) Skim Milk (1)	Open Face Patty Melt(1) Tuna Noodles Peas and Carrots(1) Fruit Cocktail(1) Graham Crackers(1) Skim Milk (1)
24	25	26	27	28
Mardi Gras Celebration Boneless Chicken Wings Southern Green Beans, Bacon, and Potatoes Cornbread Muffin Lime Gelatin Salad Skim Milk (1)	Broccoli Beef(1) Spanish Meatballs(.5) Rice(1) Lima Beans(1.5) Applesauce(1) Skim Milk (1)	Roast Beef Baked Ham Whipped Sweet Potatoes(3) Steamed Cabbage &Carrots(.5) Peaches(1) Skim Milk (1)	Open Face Hot Pork Sandwich(1) Open Face Meatloaf Sandwich(1) Mash Pot/Gravy(1.5) Stewed Tomatoes&Zucchini(.5) Fresh Orange(1.5) Skim Milk(1)	Scalloped Potatoes & Ham(2.5) Macaroni&Cheese(3) Broccoli(.5) Pears(1) 3 Bean Salad(2) Skim Milk(1)
 				
*This is a Monthly Menu, not Choice Menu please keep for your reference, do not return				